



Bell Schedule

Block 1	8:00 - 9:12
Block 2	9:16 - 10:28
FLEX	10:28 – 10:59
Block 3	11:03 – 12:15
LUNCH	12:15 – 12:55
Block 4	12:59 – 2:11
Block 5	2:15 – 3:27





MOVE4MANA BRING ME CHALLENGE

WHEN? Friday, October 28th

WHERE? Grand Hall

HOW? Last ones to bring the object each round gets eliminated. Winner gets a **prize!**





UBC BLACK FUTURES PROGRAM

Any students who identify themselves as Black, have the opportunity to apply for the "UBC Black Futures Program" There will be 4 zoom meetings after school and 2 UBC campus visits from now until May. If you are interested, please email Ms. Rai (mrai@sd43.bc.ca).

• The program will consist of four Zoom meetings held at 4:30 PM, and two face-to-face meetings. The first one will be via Zoom at 4:30 pm during the month of November. Students will also participate in all-day campus visits on two select Thursdays throughout the academic year. We will work with your school board and community partners for transportation.



Halloween Costume Contest

in the Grand hall on Halloween day

Please sign up outside the theater at lunch on **Thursday Oct. 27** and **Friday Oct. 28!**



Could the following students please come to the office to see Ms. Hall

- Nick R.-Parking Pass
- Dylan E.-Student cards
- Julie H.-Student cards

- Forest M.-Certificate
- Tyler L.-Certificate

INTERNATIONAL STUDENTS:

If your program is expiring this semester and you wish to remain in the Coquitlam School District for next semester, your program fees are due by November 1st 2022. It is also important that your parents sign the reapplication form. Fees received after November 1 will be subject to a \$500 late charge.

If you have any questions, please email Ms. Upton @ hupton@sd43.bc.ca, or see Ms. Lee (Room 245).

English Department Halloween Short Story Contest!

Your entry must reflect one of the following idiom prompts:

- a) "Don't bite off more than you can chew..."
- b) "I kept my eye on him . . . "
- c) "It cost an arm and a leg..."

Submissions due: Friday October 28 to your English Teacher/Mrs. Ross

PRIZES: Best Overall (Senior) Most Original (Senior) Best Overall (Junior) Most Original (Junior)



All entries must:

- be approximately 500 words
- be original work

App of the week: slidesgo



Find online at the slidesgo website

What is the app?

Find pre-made PowerPoint presentations, just input your information

How much is it?

Free

special features

- Many different themes from math to christmas
- colours and symbols are easy to change and add
- Easy to export

For more information on how to use the app, check out the @hwss.tech.talks Instagram

CLUBS



Join JABC (Business) Club



33.85

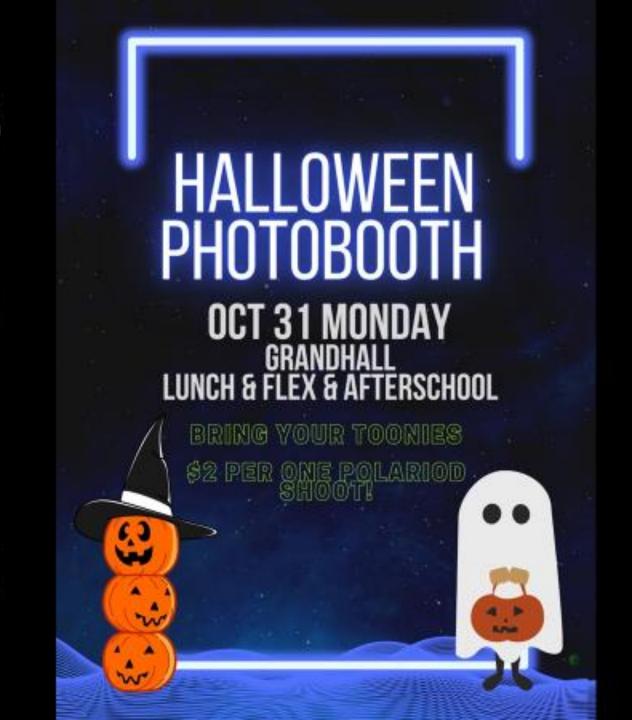
Hosting Every Friday right after school at Room 301

- Learn about money and Crypto!
- Play boardgames with each other!
- Understand the simple concepts of both Macro and Micro econ!
- Try out market business simulations!

PHOTO CLUB is hosting a HALLOWEEN Photo Booth



- *Come in Costume
- *Bring your Friends
- *Bring your Toonies





about: a safe space for students, regardless of sexuality or gender identity. we do events like TV watch parties, bingo, charity fundraisers, and more (and we have snacks)! the focus is to be a fun, chill environment for all students.

when: meetings on tuesdays at lunch

where: room 311



questions? DM @hwsskodiakpride on Instagram!

HWSS Curling Club

First Meeting: Friday, October 28th

Interested in trying something new?

Come to the first meeting to find out more information

Room #: 202 at LUNCH

Practices: Tuesdays/Thursdays @ Port Moody Rec Center

Everyone is welcome!



THURSDAY'S AT LUNCH IN ROOM 202

JOIN OUR OUILTING CLUB

BEGINNER TO ADVANCED LEVEL SEWING STUDENTS LOOKING TO GIVE BACK TO THE COMMUNITY BY DONATING HAND-MADE QUILTS TO OUR LOCAL CHILDREN'S HOSPITAL

GAIN VOLUNTEER HOURS!



Congratulations to our Robotics Club for a great performance at the Seaquam Season Opener last weekend



This weekend Elia, Logan, Tiago, and William who won season openers only losing one match and coasting to finals where they brought home the first tournament win for Heritage Woods... ever!

In addition to winning the tournament the boys also won the Excellence Award, presented to the team with the best overall robot, in the tournament, skills and judging categories.

Club Names & Sponsor Teachers

If you are interested in joining a club pls contact the sponsor teacher!

Art Club – Mr. Ting

Barz Club – Mr. Zenone

Book Club – Ms. Ferrer

Business Club – Mr. Sather

Chess Club – Mr. Sun

Creative Minds Club – Ms. Ross

Curling Club – Ms. Wood

Debate Club – Mr. Zenone

Dungeons and Dragons Club – Mr.

Blake/Ms. Nezil

Economics Club – Ms. Gilder

Enviro Club – Mr. Modder

First Responders – Mr. Baldus

History Club - Mr. Chaffee

Host Club – Mr. Chan

JA Business Club – Mr. Sather

Kodiak Pride – Ms. Leeden

KWAP Club – Ms. Nunn

Law Club – Mr. Aitken

Math Club - Ms. Weinkam

Multicultural Club – Ms. Lee

MUN – Mr. Chaffee

Pediatric Health Alliance - Mr.

Gleckman

Photo Club - Ms. Vickerson

Physics – Mr. Khalili

Quilting Club – Ms. Woods

Robotics – Mr. Au-Lange

KODIAK ATHLETICS





Jr. Girls Basketball

Jr Girls Basketball try out:

Friday November 4th @ 7:15pm

You must be there if you would like to play this year. Please see Ms. Powell if you have any questions.



Jr. Boys Basketball

WHO: Any Gr. 10 boys interested in playing basketball this year

WHAT: Basketball team tryouts

WHERE: Gym

WHEN: Thursday, Nov. 3rd @

7:30AM

(in the morning!!)

ATTENTION ALL WRESTLERS

Wednesday, November 02, 2022

A meeting for new and returning wrestlers in the mat room at lunchtime!

Congratulations to the HWSS Field Hockey team for a fantastic 3-1 win over Centennial in the league championship! This is their fourth league championship in a row!!!

Best of luck to them as they compete for the Fraser Valley North title at Burnaby Lake this Thursday!



KODIAKS Intramurals is Back!

Badminton Doubles starts next week after Halloween Day (November)

Sign-up up forms are in the PE hallway.

Deadline for submission is Friday, Oct 28th!

CAREER





2023 Junior Firefighter ProgramsInformation Session

Date: Monday Nov 07, 2022

Time: at lunch

Where: library computer lab

Program open to students in grades 11 and 12



2023 Junior Firefighter Programs

School District No. 43 is partnering with **both**Coquitlam Fire Rescue and Port Moody Fire Rescue to
offer two different junior firefighting programs for 2023.

These programs are open to SD43 students in grades 11 and 12, and help applicants understand the basic physical and educational components required of new recruits.

EDUCATIONAL COMPONENT

Tests knowledge of firefighting equipment and fire behavior

PRACTICAL COMPONENT

Tests endurance and teamwork skills



Applications are open Nov. 1–Dec. 2, 2022 Scan the QR code or go to 43 careers.com

- The Coquitlam academy runs out of 1300 Pinetree Way.
- The Port Moody academy runs out of 150 Newport Drive.









November Info Sessions For Students:

Nov 03 — Post-Secondary in BC Mini Fair 9-11 am in the grand hall

Nov o4 – U Guelph at flex in grand hall

Nov o8 – Langara 6 pm Virtual

Nov 15 – McGill 7 pm in the theatre

Nov 16 – Waterloo 3:30 pm in the library

Nov 22 – U Calgary at flex in grand hall

Nov 23 – Sauder CAP 6pm virtual

Nov 30 – U Alberta at lunch in library computer lab

Junior Firefighter Programs

Coquitlam Fire Rescue: March 10 - 17, 2023 (first week of Spring Break)

Port Moody Fire Rescue: April 20 - 23, 2023 (plus a few days before/after)

The Coquitlam School District is very excited to partner with both Coquitlam Fire Rescue <u>and</u> Port Moody Fire Rescue to offer two different firefighter academies this year!

It is open to SD43 high school students currently in grades 11 and 12.

The Junior Firefighting Programs will give the applicants a true understanding of the basic components both physical and educational of Fire Rescue's basic training for new recruits. The educational component will test the applicant's knowledge learned in the classroom of firefighting equipment, fire behaviour, the fire tetrahedron and the products of combustion, to name a few. The practical component of the program will test the applicant's strength, endurance and teamwork skills. Some examples may include: dragging charged hose lines, carrying ladders in a group, climbing the four-story hose tower and cutting up cars in teams using the "Jaws of Life".

The **Coquitlam** academy will be accepting 12 students and will run for 8 days (9.00am to 5.00pm) at the firehall located at 1300 Pinetree Way, Coquitlam.

The **Port Moody** academy will be accepting 4 students and will run for 4 days (8.00am to 6.00pm) at the firehall located at 150 Newport Drive, Port Moody. There will be a few more days before/after attached to this academy, those will be updated later.

There are three phases to being accepted: "completed (fillable .pdf) paper application", "fitness test" and "personal interview". A student must successfully complete all three components if they are to b considered for one of the 16 spots. It is a wonderful opportunity and experience!

Students are only able to participate in one of two offerings.

The application form for Spring 2023's academies will be available on November 1, 2022.

http://www.sd43.bc.ca/CareerPrograms/Pages/OtherLearningOpportunities.aspx#/=

LOST & FOUND - please claim at the office!

